Healthy Schools and Pre Schools Scheme

Work Programme

Aim	To support 79 schools and 45 pre-school settings in developing and implementing a whole school approach to the Healthy Schools and Pre Schools Scheme.
Date	1st April 2017 – 31st March 2018

Area of work SCHOOLS	Activity	Completion Date	Officer	Notes
Funding for the scheme to continue	• Continue to seek opportunities for funding to ensure that 4 x Healthy Schools / Pre Schools Posts are secured beyond March 2018	March 2018	CS	
National and Regional Meetings	• Attendance at national PHW WNHSS meetings (compulsory) • Attendance at regional WNHSS & HSPSS meetings	Termly Termly	CS ALL	
School Visits	• Minimum of 2 visits to every school to support in-school coordinators to develop and implement scheme	July 2018	ALL	
School Assessments	• 2 schools to achieve NQA by July 2017 (target total – 10) • 2 further schools to achieve NQA by July 2018 (target total -12) • Minimum of 15 end of phase assessments to be completed by March 2018	Ongoing	ALL	
PSE Secondary Forum	• Plan and coordinate termly PSE Forum meetings for Secondary Schools • Provide training and resources for PSE coordinators	One meeting every term ongoing	CS	

Healthcare Needs (includes Intimate Care)	• Develop model Healthcare Needs policy for schools	Sept 2017	CS	
	• Complete Audit of Healthcare Needs policies that have been adopted and published on school websites – report to WG	Dec 2017	CS	
	• Develop Flintshire Healthcare Needs Policy	Sept 2017	CS	
	• Establish Intimate Care Steering Group	Sept 2017	CS	
	• Develop Model Intimate Care Policy for Schools	Oct 2017	CS	
	• Coordinate Intimate Care training opportunities for school staff	Jan 2018	CS	
School Health Research Network (SHRN)	• Support x3 secondary schools to review their existing actions from their 2015 SHRN report	May 2017	CS	
	• Recruit x8 secondary schools to SHRN: Heads Fed presentation and individual meetings	June 2017	CS	
	• Support all secondary schools to complete their SHRN surveys in the autumn term	Sept-Dec 2017	CS	
	• SHRN School Councils training event	March 2017	CS	
Food and Fitness theme	• Attend national SHEP conference	Nov 2017	CS / LE	
	• Identify SHEP schools in Flintshire for 2018 programme	Dec 2017		
	• Submit SHEP grant application	Jan 2018		
	• Plan and develop programmes for 2 schools in line with criteria	March 2018		
	• Cooking skills Training for primary schools	Sept 2017	LE /JB	
	• Develop nutrition activities for Dragon Sport Leaders training in primary schools	Aug – Sept 2017	LE /partners	

		Action	Timescale	Lead	
	•	Attendance at Flint 2025 Physical activity group meetings	bimonthly	CS	
Substance Misuse theme	•	Review substance misuse policy for secondary schools	Dec 2017	CS	
	•	Review agreed sanctions with schools	Nov 2017	CS	
	•	Review policy effectiveness with schools and partners	Nov 2017	CS	
	•	Coordinate substance awareness training courses x2 for primary and secondary staff and school based LA officers	Oct 2017	ALL	
Mental & emotional health & well-being theme	•	Identify schools to undertake staff health and wellbeing pilot	Nov – Dec 17	LE /partners	
	•	Monitor and evaluate pilot	Jan – Feb 18		
	•	Attendance at Emotional Wellbeing Strategic Group	Termly	CS	
	•	Participation in working group to develop Transgender policy and guidance for schools	June 2017 - ongoing	CS / partners	
Personal Development & relationships (Sex and Relationships Education) theme	•	Actively target final 25% of primary schools to review policy and delivery in line with WG Guidance	ongoing	CS	
	•	Governing body presentations			
	•	Staff twilight training			
	•	Refresher training as required			
	•	Provision of Resources for schools			
	•	Liaise with school nurses regarding delivery in primary and secondary	ongoing	CS	
	•	Monitor health drop in provision provided by school nurses			
Hygiene theme	•	Raise awareness of new infection control guidance for education settings from PHW	Autumn term 2017	ALL	
	•	e-bug training for schools	Oct 2017 & Feb 2018	ALL	
	•	Norovirus pack to be developed	January 2018	CS /	

	for schools and pre-schools with information for parents and guidance /advice		partners	
MISC	• Annual Celebration of achievement event for schools in partnership with Flintshire Primary School Games Association	July 2017	ALL	

Area of work <mark>PRE SCHOOLS</mark>	Activity	Completion Date	Officer	Notes
Recruitment	• Recruit 5 settings to the scheme to increase the total to 45 • All to prioritise: physical activity and play and nutrition and oral health topics in first year	March 2018	JB	
Pre-school visits	• Minimum of two visits per year to support all settings in working towards their assessments and health and well-being promotion.	March 2018	JB	
Pre-school assessments	• End of topic assessments / end of scheme assessments as required	March 2018	ALL	
Flintshire Early Years Development and Childcare Partnership (FEYDCP)	• Represent HSPSS on FEYDCP • The FEYDCP is utilised as a steering group function for the Healthy and Sustainable Pre-Schools Scheme.	One meeting every half term	JB	
Nutrition & Oral Health topic	• Nutrition and cooking skills training • Monitoring visits to be undertaken as part of routine visits to settings.	Sept 2017	JB / partners	
	• Work with the Community Dieticians to provide further Tiny Tums training and Healthy Snack training for settings. • Ensure settings maintain their Tiny Tums best practice awards.	Ongoing	JB / partners	

Physical Activity and Active play topic	• Purchase Busy Feet resources • Organise training workshop • Monitor Jabadeo resource use • Refresher training and monitoring of Jimmy Bears Programme	March 2018 Ongoing Feb 2018	JB / partners	
Hygiene topic	• Hygiene training for pre-school settings linked with e-bug	Oct 2017	JB / partners	
Mental & Emotional Health & Wellbeing topic	Coordination of training for settings on: • Bereavement • Staff well-being • Behaviour • Attachment	May 2017 May 2017 March 2018 Jan 2018	JB / partners	

Work Plan prepared by:			
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